



## **Innovative technology helps to improve memory loss in St Day**

There is a growing awareness of how technology can help support the independence of people with dementia and other kinds of memory loss. Reflections, a social activity centre based in St Day, is leading reminiscence activities, with the acquisition of two innovative, interactive touch screens.

Angela Downing, Manager of Reflections said:

“We were very impressed by the Digital Reminiscence Therapy Solutions (DRTS) and applied to the Big Lottery Fund for a grant to purchase them, as part of our ‘All Our Yesterdays’ project. We were thrilled to be awarded the grant just before Christmas and now have the touch screens which are already proving to be very popular with our guests.”

Reflections CIC (Community Interest Company) provides ‘not for profit’ community support services for people with memory loss of all ages. They offer a welcoming family environment to anyone with memory loss or those in the community who feel lonely or isolated.

Sue McDermott, Memory Café Network Manager at CRCC (Cornwall Rural Community Council) said:

“This is very exciting and will be a welcome addition to the new Reflections Memory Café which will run every Wednesday evening from 6.30-8.30pm from 26 January 2011. More fantastic news is that Reflections have offered to lend out one of their touch screens to other Memory Cafés, so that people with memory loss across the County can experience this pioneering and fun tool.”

The DRTS software is available from Dementia Life and is aimed for use by people with memory loss. It uses digital media content, such as photos, videos and music, to help unlock the memory and support communication.

For more information about Reflections, the new Memory Cafe or DRTS please contact: Angela Downing - Reflections, Little Beside House, Near St Day, Redruth, TR16 5PX Tel: 01209 822300/ 01872 562350 <http://www.reflectionswest.com>