

## Taking the dread out of dementia...

**Venue: Eden Project, Gallery Room**

**Date: Tuesday 16<sup>th</sup> November 2010**

Come along to a Learning to Live with Dementia Day on 16 November to find out about and celebrate the support available for individuals and their families worried about memory loss or dementia.

Tony will open the day with his first hand experiences. He will share with the audience his personal journey and how he has learnt to live with dementia.

There will be further presentations and a panel of speakers in the morning, including a GP specialising in dementia, voluntary and community organisations, as well as statutory agencies involved in delivering the dementia programme in Cornwall.

To tell people what help and support is out there an information fair is also being held in the afternoon. We would like to invite all members of the public, including those with dementia and their families, to come along and talk to various organisations including patient, advice and liaison services that can give free, individual and confidential advice.

One of the LINK in Cornwall volunteers planning the day, Cindy Reeve, said, "A lot of good services exist in Cornwall for individuals and families who have to live with dementia but sometimes people don't know what help and support is out there. We simply want to let people know what is available and help to take the dread out of dementia. Especially for someone who thinks it might apply to them or a member of their family."

LINK in Cornwall is a volunteer led organisation that works to bring the voices of the public into the decision making processes of the people who plan and run Cornwall's health and social care services

The morning seminars and the information afternoon fair are free events to the public and those who attend are welcome to explore The Eden Project free of charge. There will be refreshments on the day that have been kindly provided by NHS Cornwall and Isles of Scilly.

To let us know you are coming along please contact LINK on 01872 243533 or email [linkincornwall@cornwallrcc.org.uk](mailto:linkincornwall@cornwallrcc.org.uk)