












ANNUAL REVIEW 2009



supporting  
cornish  
communities

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# The Annual Review of Activities for 2009 and Summary of Annual Accounts 2008-2009

This document provides a review of CRCC's activities during 2009 and measures them against the ambitions and targets set out in our 5 year Business Plan for 2005-2010. It also includes a summary of the Annual Accounts 2008-2009 as presented at the CRCC's AGM on 9 December 2009.

Our full report and financial statements for the period to 31 March 2009 is available from the CRCC offices at 2 Prince Street Truro TR1 2ES. Copies have also been filed to the Charity Commission and Companies House in accordance with statutory regulations and together they form part of the audited accounts with the financial reports of our trustees and independent auditors.



## Chairman's Review

The past 12 months have seen many changes for the CRCC. Our new CEO joined us in January, we have said goodbye to our trustees from the District and County Councils as they disbanded in April and we welcomed four new Cornwall Council and six independent trustees to our board. The net result of all this change is a board of trustees with a refreshing range of skills, combined with comprehensive elected member representation from across the county. These changes have, of course, been mirrored by the changes within Cornwall Council as they transitioned to their unitary structure. While there have been some hiccups along the way, the delivery of our services to the communities of Cornwall have remained largely unscathed and the credit for this success must be acknowledged and our thanks go to the Localism and Partnership Teams within Cornwall Council and of course our own staff - especially the Community Planning and Development teams and those in Finance who have kept the funds flowing.

The activities of our project areas are captured in more detail in the main body of this review but we do need to note several staff changes and extend a collective thanks and best wishes to Bob Northey, Lesley Ayers and Jenny Pheby, all of whom have or will be soon moving on to challenging new posts in Cornwall and Devon. The biggest leavers are of course the staff and activities of both Nightlink and Sanctuary House. Now firmly established as Re-Gain may they flourish and continue to provide their outstanding support to those experiencing mental health issues.

The CRCC is all about people and the critical element contributing to our success is our staff. In these uncertain times they have, as always, continued to deliver all that we ask of them and more. Their commitment and loyalty is what makes the CRCC special and they are thanked whole heartedly for their sterling work during 2009.

Paul Parkin

# BUSINESS SERVICES

CRCC Business Services were developed in 2009, with an aim of:

Understanding the needs of the voluntary sector, CRCC Business Services are offered at affordable rates, giving advice on savings available and some work offered free of charge or subsidised.

## Conference Suite

Two rooms available for hire and conveniently based in central Truro. Comfortable and well equipped rooms, with hearing loops available in both.

[www.cornwallrcc.co.uk/conference\\_suite.html](http://www.cornwallrcc.co.uk/conference_suite.html)

## Design

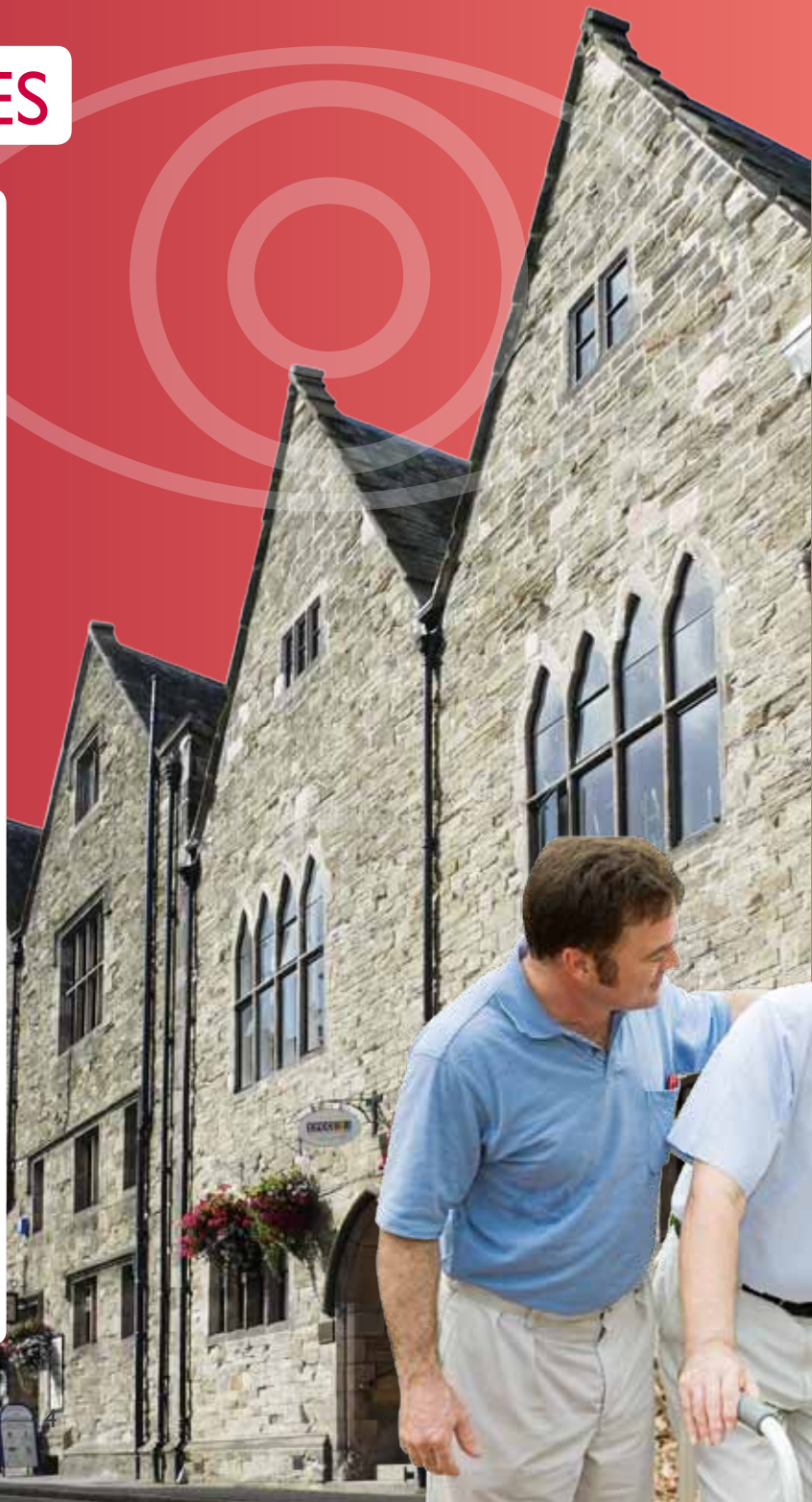
An established professional graphic design service. Design of promotional and corporate material, website design and a photography service are just some examples of what we can offer.

[www.cornwallrcc.co.uk/design.html](http://www.cornwallrcc.co.uk/design.html)

## IT Support

Assistance both on-site and remotely. Technical support, guidance on purchase, advice and support of servers, networks and virus protection are just some examples of what we can offer.

[www.cornwallrcc.co.uk/ict\\_support.html](http://www.cornwallrcc.co.uk/ict_support.html)



# CARERS SUPPORT

## Adult Carers

The CRCC Adult Carers service works throughout Cornwall. The aim is:

To give information, support, advice or just a listening ear to carers across Cornwall

### Achievements in 2009

- A SLA guaranteeing the service to September 2011 was put in place
- Helped carers access benefits and other funding to a value in excess of £500,000
- Supported over 900 newly identified carers during 2009. Provided additional support to over 300 known Carers
- Enjoyed the widest attendance ever to the annual Carers Carol service at Truro Cathedral

## Young Carers

The CRCC Young Carers service works throughout Cornwall. The aim is:

To inform, help, arrange time out, and to listen to young carers and to try to minimise the impact of their caring duties on their schooling and social and emotional development

### Achievements in 2009

- Supported 150 newly identified young carers
- Organised and ran over 30 group activities for young carers including attending a festival and a trip to London
- Organised and held a young carers conference and three road-shows to raise awareness of the plight of young carers to both statutory and independent sector staff.
- A SLA guaranteeing the service to September 2011 was put in place



# INCLUSION

## Capacity Building – Vulnerable Adults

This service builds the capacity of the Voluntary and Community Sector (VCS) holistically and organisations operating within the sector, with emphasis on those providing services to vulnerable adults.

### Achievements in 2009

- Supported and developed key partnerships and networks, such as the Cornwall Befriending Forum, Penwith Day Centre Group and Carers Network
- Helped VCS organisations to access over £300,000 of funding
- The Safeguarding Adults Training Programme saw 100 people trained and 16 qualified to be trainers
- Over 30 organisations received support with their governance
- Advice was given on the development of the Swine Flu contingency planning kit for the VCS

## Social Inclusion Service

The aim is to enable the VCS, particularly those organisations working with young people, to effectively support individuals and communities that are disadvantaged. The Social Inclusion service worked to:

- Build the capacity of organisations to tackle social inclusion in Cornwall

- Raise awareness and understanding of rural social exclusion amongst service providers and influence them to adopt more inclusive approaches to delivery
- Assist in the development of the Cornwall Independent Poverty Forum and Cornwall Youth Work Partnership

## Capacity Building Works

This service supported VCS organisations with their organisational development and helps to increase their skills. Assistance has been given to Cornwall Youth Work Partnership and various social enterprises.

### Achievements in 2009

- Supported 33 organisations to improve their organisational development, including achieving Quality Standards
- Advised 160 employees regarding training and 100 received relevant training

## Community Grants Programme

This service advises and assists VCS organisations completing funding applications for the Community Grants Programme.

### Achievements in 2009

- Advised and supported 30 organisations
- Helped organisations to access £400,000 of grants

## Convergence Matters

This service provides information and advice to VCS organisations, mainly working with those most disadvantaged. It enables engagement and involvement with Convergence, the European Funding programme.

### Achievements in 2009

- Advised and supported 65 organisations
- A number of organisations have benefited from involvement in one of the Convergence funded programmes, by either accessing training and/or applying for grant funding

## Equality and Diversity work

The service supported VCS organisations, particularly those working with Black and Minority Ethnic (BME), including gypsy and traveller projects and those most disadvantaged, to access a range of funding opportunities.

### Achievements in 2009

- Advised and supported six organisations, to enable them to access £90,000 of funding
- Held an Equality and Diversity workshop to raise awareness of the issues that individuals from BME communities face

## Inter-Link

This service provides support at a local level to enable voluntary and community organisations (especially smaller Grassroots groups) to network on a regular basis in locality areas to share information, resources and good practice and build their capacity.

### Achievements in 2009

- Successfully hosted the Inter-Link Conference 'Here, Now and in the Future'
- Completed two surveys throughout Cornwall - 'Training Survey of Community Groups, Charities and VCS organisation in Cornwall' and 'Inter-Link Members survey'
- Held five themed Inter-Link locality meetings with over 100 attendees
- Supported LINK in Cornwall
- Undertook ILCM preparation meetings and /or health checks with 17 groups in Mid Cornwall
- Assisted in the collation of the Inter-Link magazine, which is distributed to over 4000 members

# COMMUNITY DEVELOPMENT

## Local and National Strategic Lobbying

Funded via the National Rural Community Action Network (RCAN) the CRCC delivers its remit with an aim to:

**Provide a voice for the communities of Cornwall by strategic lobbying at both a national and local level**

### Achievements in 2009

- In partnership with the Cornwall Towns Association, jointly lobbied Cornwall Council, Government Ministers and MPs against the Regional Spatial Strategy housing allocations for Cornwall
- Fed into the Commission for Rural Communities inquiry into Uplands Farming
- Jointly with Cornwall Council, fed into the government consultation on strengthening the remaining Post Office network

## Community Led Planning

This service works throughout Cornwall to promote and support community-led planning.

### Achievements in 2009

- Six parishes completed their plans, and over 20 parishes are working on their community planning process. In total, there are over 95 completed plans in Cornwall (representing over 110 parishes/towns).

- Reports extracted from our Community Plan database have been provided to Cornwall Council Community Network Managers and the Primary Care Trust.
- Consultation was undertaken on behalf of the Cornwall Area of Outstanding Natural Beauty (AONB) Unit at local events across the 12 AONB areas.

## Community Buildings

The Community Buildings service works across the county with the aim of:

**Providing support and advice to the village halls, church and chapel halls and other “community centres” that are a vital local resource for the villages and parishes they serve**

### Achievements in 2009

- Assisted approximately 60 village halls, community, sports and recreation centres and clubs. This has included securing funding, HMRC registration and subsequent capital gains tax exemption, Charity Commission registration and conflict resolution between committees and user groups
- Delivered presentations covering a range of issues to community building networks
- Produced and disseminated a Community Buildings Resource Pack
- Delivered a sustainability event in partnership with East Cornwall Council for Voluntary Service at Blisland Village Hall

## Rural Services

Rural Services development works across the county with the following aim:

**Supporting local communities to implement projects arising from the community planning process and champion rural communities and rural service provision**

### Achievements in 2009

- Advised and supported over 20 community groups including Parish and Town councils, implementing projects derived from local plans. This included parishes who received the Aggregates Sustainability Levy Grant.
- Support for Community Owned shops has continued in partnership with ViRSA with one existing shop and three communities aspiring to open their own shop receiving advice.
- Advised and assisted over 20 VCS organisations in Cornwall with applications for Grassroots funding.

## Community Enterprise Support

The Community Enterprise Service offers support to existing and prospective community based social enterprises throughout Cornwall with the aim of:

**Supporting organisations to become less reliant on grants and to move towards financial independence through social enterprise**

### Achievements in 2009

- Assisted approximately 40 community and social enterprises in accessing finance, legal and governance structure advice
- Assisted many enterprises to access the Convergence programme through promoting tendering opportunities to deliver European Social Fund Convergence projects and provided technical assistance in bid writing and developed partnerships
- Researched needs of the social enterprise sector, particularly in engaging with the Convergence programme. The findings have influenced a series of consortia or partnership events being planned for 2010

## Funding Advice

Funding advice was given to VCS organisations in Mid Cornwall with the aim of:

### Supporting VCS organisations to access grant funding

- Assisted 65 community and voluntary groups
- A further 40 benefitted through funding workshops, funding talks and presentations



# MENTAL HEALTH

The Mental Health service works throughout Cornwall with the aim of:

**Supporting, promoting and protecting the rights of people with mental health problems**

## Achievements in 2009

- An Aspergers' conference resulted in establishing two Aspergers' support groups, a new website and a Raising Awareness group
- Launched a Community Independent Visitors Scheme, involving 12 volunteers visiting and offering support and information in day centres, Community Mental Health Team bases and surgeries
- Distributed 4800 newsletters to service users, carers and organisations during the year
- Assisted individual service users and self help groups to access £90,000 of grant funding
- Relunched the Service User Representative Group (SURG) and in the process gained six new members
- SURG was offered an Appointed Governor seat on Cornwall Partnership NHS Trust's Council of Governors
- Three volunteer Community Independent Visitors have completed DACS' Safeguarding Vulnerable Adults Train the Trainer course and have begun delivering this training to organisations across Cornwall



# LINK IN CORNWALL

CRCC supports LINK in Cornwall through a partnership with Penwith Community Development Trust, via Inter-Link Cornwall and Age Concern, with the aim of:

**Bringing the public voice into the decision making processes of the people who plan and run local health and social care services**

## Achievements in 2009

- Distributed over 90 examples of LINK communication and promotional materials
- Over 300 registered participants which have moved towards a 50:50 split between individuals and organisations
- Held 43 meetings which included facilitation group meetings, task groups and theme events. LINK has been represented in over 70 meetings with agencies and voluntary organisations
- LINK has been supported in responding to eight consultations, have had over 40 opportunities to talk directly with health and social care professionals and made over 10 recommendations or referrals
- Designed and coordinated six training sessions
- The partnership has made direct contact over 700 times with agencies and organisations

- Listened to what people are saying about NHS dental treatment in Cornwall. Worked with the Primary Care Trust in influencing the increase of NHS dental treatment places and are now working with them to visit NHS dental practices
- Reported on changes the public would like to see made to out of hours support services for people with mental health problems experiencing a crisis.
- Volunteers have brought together the people who plan and run the steps a patient goes through when leaving hospital and needing support in their homes or community.



# FINANCE REPORT

## Summary of Financial Information

The summarised statements set out here have been extracted from the full annual financial statements of the charity which have been prepared in accordance with the Statement of Recommended Practice – Charities Accounting and Reporting (SORP 2005) and the Companies Act 1985 and which were approved by the trustees and signed on the charity's behalf on 25 November 2009.

The full financial statements have been:

- audited and the auditors opinion was unqualified
- submitted to the Charity Commission
- submitted to the Registrar of Companies

These summarised financial statements may not contain sufficient information to allow for a full understanding of the financial affairs of the charity.

For further information, the full financial statements, the auditor's report on those financial statements, and the trustees' report should be consulted.

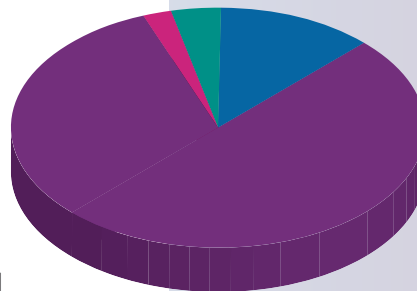
All this information is contained in the Trustees' Annual Report and Accounts 2009, copies of which can be obtained from Cornwall Rural Community Council.

### Please Contact:

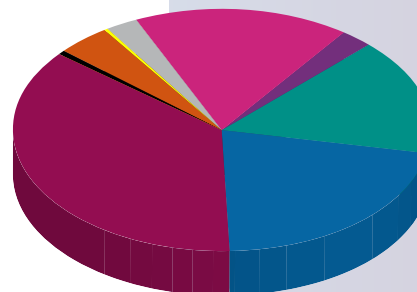
Paul Coyne  
Company Secretary  
Cornwall Rural Community Council  
2 Princes Street  
Truro  
TR1 2ES

T: 01872 273952

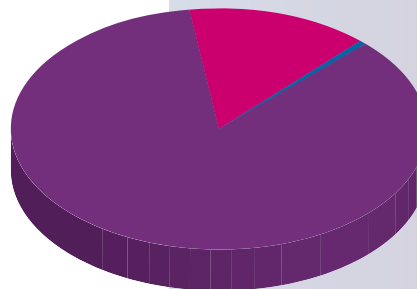
E: [info@cornwallrcc.co.uk](mailto:info@cornwallrcc.co.uk)



**Incoming Resources £1,662,430**



**Source of incoming resources from charitable activities £1,359,125**



**Resources expended £1,728,871**



## Auditors Statement to the Trustees of CRCC

We have examined the summarised accounts set out in this review.

### Respective responsibilities of the trustees and auditors

The trustees are responsible for the preparation of the summarised financial information. We have agreed to report to you our opinion on the summarised financial information's consistency, with the full financial statements, which we reported on 26 November 2009.

### Basis of opinion

We have carried out the procedures we consider necessary to ascertain whether the summarised financial information is consistent with the full financial statements from which they have been prepared.

### Opinion

In our opinion the summarised financial information is consistent with the full financial statements for the year ended 31 March 2009.

## The Results

*(extract from page 14)*

The charity had an income and expenditure deficit of £66,441 compared with the deficit of £57,418 in 2008. The charity incurred an unrealised investment loss of £41,337. This has resulted in a decrease in fund balances of £107,778 compared with a decrease of £78,938 in the previous year.

### Incoming resources

Total incoming resources decreased by £122,908 to £1,662,430. Investment income decreased by £18,006 To £37,261.

### Resources expended

Total outgoing resources decreased by £113,885 to £1,728,871. A significant item contributing to this decrease was:

- Direct charitable expenditure relating to certain restricted funds decreased by £204,938 to £337,101.

### Investments

The charity's value of investments has decreased by £35,724 To £723,910.

### Tangible assets

It is the charity's policy to amortise computer and other equipment over a 4 year period, resulting in the net book value in 2009 to £9,737.

# Summary of Results

## Statement of Financial Activities

Year ended 31 March 2009	2009	2008
	£	£
Total incoming resources	1,662,430	1,785,338
Total resources expended	1,728,871	1,842,756
Net incoming resources	(66,441)	(57,418)
Total net other recognised (losses)/gains	(41,337)	(21,520)
Net movement in funds	(107,778)	(78,938)
Fund balances brought forward at 1 April 2008	876,779	955,717
Fund balances carried forward at 31 March 2009	769,001	876,779

### Note: Fund accounting and reserve policy

**Unrestricted Funds.** The unrestricted fund consists mainly of grants and other incoming resources receivable or generated that the charity may use at its discretion in order to prioritise services for the benefit of local communities and continue its general work. Working capital to cover running costs is provided by the charity's unrestricted fund.

**Restricted Funds.** The restricted funds are those for a pre-agreed purpose where the donor had imposed conditions on the use of the funds.

**Designated Funds.** The charity has a designated fund for the refurbishment and improvement of its offices.

## Summary of Balance Sheet as at 31 March 2009

	2009	2008
	£	£
<b>FUNDS</b> (see note)		
Unrestricted	420,064	373,365
Restricted funds	283,728	437,314
Designated funds	65,209	66,100
	<b>769,001</b>	<b>876,779</b>
<b>ACCUMULATED FUNDS</b>		
<b>ANALYSIS OF NET FUNDS</b>		
<b>FIXED ASSETS</b>		
Tangible assets	9,737	443
Investments	723,910	759,634
Total Fixed assets	733,647	760,077
<b>CURRENT ASSETS</b>		
Debtors	43,512	117,131
Cash at bank	219,290	141,348
Total current assets	262,802	258,479
<b>CREDITORS</b>		
Amounts falling due within one year	227,448	141,777
<b>NET CURRENT ASSETS</b>	<b>35,354</b>	<b>116,702</b>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>	<b>769,001</b>	<b>876,779</b>
<b>NET ASSETS</b>	<b>769,001</b>	<b>876,779</b>



## Staff List as at December 2009

### Core Staff

Peter Jefferson (Chief Exec)  
Maggie Hampstead  
Moira Nottle  
Anna Read  
Marita Ward  
Rosemary Whittaker

### Finance

Paul Coyne (Company Sec)  
Angela Clark  
Sue Floyd-Norris  
Sarah Howell

### Business Services

Heidi Taylor  
Perran Tremewan  
Mike Aldrich

### Inclusion

Dave Hocking (Capacity  
Building Manager)  
Paul Green  
Diane Taylor  
Tina Bilkey  
Alison Mitchelmore

### Carers Support

Monica Thomas (Carers Support  
Manager)

### Adult Carers

Denise Hare  
Clare Jeckells

Gareth Jenkins  
Alison May  
Anne Phillips  
Jane Richards  
Denise Seaton  
Lisa Clark

### Young Carers

Millie Lindfield  
Dawn Maddern  
Lynda Phillips  
Jill Ward

### Community Development

Peter Burton (Planning and  
Development Manager)  
Sharon Davey  
Chris Hassall  
Tracey Edwards  
Nikki Mills  
Jon Teague

### Mental Health

Jenny Pheby (Project Manager)  
Lesley Ayers  
Jane Morgan  
Nicki Sweeney

### LINK in Cornwall

Jill Stott (Project Manager)  
Jody Wilson  
Amy Rice

## Trustees (Members)

Mr P Parkin (Chair)\*  
Mr R Lingham (Vice Chair)\*  
Mrs S Alvey\*  
Cllr B Biscoe\*  
Mrs S Blaylock\*  
Cllr M Callan  
Cllr L Donnithorne  
Dr J Evers  
Mr J Fox\*  
Mrs J Hackett  
Cllr L Kennedy  
Cllr M Peacock  
Cllr S Polmouter  
Cllr R Pugh  
Mr P Randall\*  
Mr P Smith  
Mrs J Thompson  
Mr P Wharton\*  
Mrs J Whiteley  
Mrs J Williams

Note: \* denotes Executive Committee members



### Cornwall Rural Community Council

**T:** 01872 273952  
**F:** 01872 241511  
**E:** enquiries@cornwallrcc.co.uk  
**W:** www.cornwallrcc.co.uk

**Supported by:** Cornwall Council, (principally DACS & Children, Young People and Families, Local Area Agreement Team), the Primary Care Trust, DEFRA, Trusts, Foundations and other partners.

### Company Details

**Registered as:** Cornwall Community Development Limited  
**Charity Registration:** 1087550  
**Company Registration:** 4144745  
**Legal Status:** A charity company limited by guarantee  
**Bankers:** Lloyds TSB Bank  
**Solicitors:** Follett Stock  
**Registered Auditors:** Robinson Reed Layton  
**Patron:** Lady Mary Holborow

